

**Little Havana Activities and Nutrition Center of Dade County, Inc  
700 SW 8<sup>th</sup> ST, Miami, FL 33130**

**Member Name:** HERRERA, ELVIRA **Date:** 08/20/2013

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**NARRATIVE**

Elvira Herrera is a new client to the Long Term Care Community Diversion Program effective 2/01/2012.

Overall Health History:

Arthritis, Dementia, Heart problems, Incontinence, High blood pressure

On August 20th, 2013 CM visit client Elvira Herrera for a quarterly visit / follow up. On this date the CM was attended by the client's sister / caretaker Felicia. CM joined Felicia at the dining room table where they sat for some conversation. Felicia informed that although Elvira is stable, she is frail ever since her hip surgery. Member use to walk independently and now requires assistance from others which is complicated for Felicia due to her own health issues and back injury. Felicia stated that caring for Elvira is not the problem because she is able to cook for her, feed her and attend to her at all times however bathing and transferring the client is almost impossible for her to do. She explained that the attending CNA arrives at the home early and bathes the client, gets her dressed and sits her in the living room area where she spends majority of the day being attended to by Felicia. Felicia stated that she forbids Elvira from standing up as much as possible as she fears that Elvira will fall and also cause her to fall. Felicia then informed that the attending CNA returns in the evening when she changes the client again and puts her in her bed. Felicia seemed saddened that caring for her sister has now became such a difficult task for her however she reported being content with the assistance Elvira receives in accordance with her care plan which allows her to remain in the comfort of her own house which is what Felicia has always wanted for her sister. She explained that ALF / nursing home placement will never be an option for her sister unless she herself is no longer alive to care for her.

Felicia overall stated that although the client is not physically well, her health conditions remain within normal ranges with the proper medication

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**Case manager**

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regimen followed daily.

During this month's visit Elvira was sleeping on a recliner in the living room area.

CM observed the client's home to be clean and well organized providing the member a stable living environment.

**Mental / Behavioral Status**

Member is disoriented and unable to provide any details in regards to her state of being. She was reported to be polite and cooperative by her sister Felicia.

**Hospitalizations**

None reported.

**Skilled care**

Elvira is not currently undergoing any skilled care at this time.

**Skin care**

CM observed the member's visible skin to be intact. Felicia informed that Elvira does not suffer from any skin conditions / rashes.

**ADL's**

Member is disoriented and physically weak, she requires total assistance with her ADL's.

**Nutrition**

Felicia reported the home delivered meals to be helpful being that it

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avoids her from having to prepare lunch for the client. She informed that Elvira maintains a stable weight and a healthy appetite with no weight changes reported.

PCP Visit

Elvira has an upcoming follow up appointment with her PCP Dr.Vierra on 9/13/2013. CM will follow up for details. No other physician appointments were reported.

Medications

1. Acetaminophen 800mg, 4 times daily
2. Bumetadine 1mg, once daily
3. Cyproheptadine 4mg, three times daily
4. Potassium CL ER 20mg, once daily
5. Lactulose, once daily
6. Pantoprazole Sodium DR 40mg, once daily
7. Axona 10mg, once daily

Goals:

Felicia informed that she tries her best to work with Elvira towards accomplishing her goals. Goals were not changed and will continue to be worked on.

Family Support

Elvira receives strong familial support from her sister Felicia. No changes were reported.

CM will continue following up with Elvira Herrera for proper evaluation.

CM/ Ines Gonzalez

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